

L2 AWARD IN MANUAL HANDLING SAFELY IN THE WORKPLACE

NATIONAL DELIVERY

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national training providers

WORKBASED LEARNING PROGRAMMES

What is L2 Award in Manual Handling Safely in the Workplace?

This qualification has been designed to cover safe manual handling at work to reduce the number of lifting relating injuries in the workplace. It is aimed at anyone who has to manually lift items in the workplace

This qualification covers the skills and knowledge required to carry out manual handling safely in the workplace.

The Law

The Health and Safety at Work etc Act 1974 requires you to provide whatever information, instruction, training and supervision as is necessary to ensure, so far as is reasonably practicable, the health and safety at work of your employees.

This is expanded by the Management of Health and Safety at Work Regulations 1999, which identify situations where health and safety training is particularly important, eg when people start work, on exposure to new or increased risks and where existing skills may have become rusty or need updating.

- *training*
- *experience*
- *confidence*



Duration

1 day with multiple choice end test.

OAL
Occupational
Awards Limited



LEARNING

- manual handling principles
- selecting safe and efficient routes for moving items
- suitable lifting equipment
- appropriate PPE
- appropriate lifting techniques
- risk assessments



ABILITY

- work legally, safely
- pride in the workplace
- improve understanding of health and safety requirements



COMPETENCE

- improved risk assessments
- safer working
- legal compliance



KNOWLEDGE

- manual handling activities
- legal requirements
- risk assessment methods
- types of lifting aids



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SCAN ME

LEARNING OUTCOMES The learner will:	ASSESSMENT CRITERIA The learner can:
1. Be able to carry out manual handling activities safely	1.1. Move loads and objects in accordance with safe manual handling principles 1.2. Use manual handling aids and equipment in accordance with safe manual handling principles 1.3. Select safe and efficient routes for moving items 1.4. Wear assigned personal protective equipment when moving loads
2. Know how to carry out manual handling activities safely	2.1. List potential injuries and ill health associated with incorrect manual handling 2.2. Describe employers and employees' duties relating to manual handling at work 2.3. Describe consequences for non-compliance with health and safety requirements at work 2.4. Define terms 'hazard' and 'risk' in the context of manual handling work 2.5. Describe process for carrying out a manual handling risk assessment