

# HARNESSTRAINING



## Safe use and inspection training

### WHAT IS HARNESSTRAINING?

Theoretical classroom based training for candidates of all experience levels. On completion, candidates will be able to correctly fit harnesses for use and conduct statutory inspections before and after each use.

#### Legal Requirements

Training complies with:

- Working at Height Regulations 2005

Refresher training to be taken every 3 to 5 years in line with current HSE guidance.

### WHAT TRAINING WILL I RECEIVE?

- Safe Systems Of Work
- Inspection regimes
- Inspection types
- Inspecting Lanyards & Arresters
- Inspecting securing points
- Safe storage of harness
- Inspection recording
- Removal / Rectifying unsuitable harnesses and equipment

### ADDITIONAL BENEFITS

- Candidates undertake theoretical training and assessment.
- Candidates receive a high quality printed A5 training manual and guidance booklet.
- Training can incorporate your company's risk assessments.
- Soft copies of all course paperwork are available to employers on completion of training.
- Successful candidates receive a temporary pass notification form on the day, valid for a period to cover the time taken for certificates to be issued.
- Training is delivered by fully qualified instructors; evidence of instructor competency is available on request.

### WHAT QUALIFICATIONS WILL I ACHIEVE?

- Didac Certificate of Basic Training

### DURATION

- 1/2 day for learners of all abilities.

### DELIVERY LOCATION

- National Delivery within the workplace

### COST

- Please contact Didac to discuss your needs.



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### EQUIPMENT REQUIREMENTS

The client is responsible for supplying all equipment and PPE.

Please be sure that the facilities available on site including are suitable for training. Basic comfort and welfare facilities must also be provided.

#### Equipment Requirements

- Safety Harness  
For inspection, at least one harness should be made available for training. Desirably a selection of harnesses should be made available as this will make for a more interesting and informative session and improve the quality of training.
- Office / Classroom / Cabin  
A well-lit and suitably heated closed door environment to conduct theory training. Tables and chairs to accommodate all learners and the trainer assessor, this must include writing space for all learners. A screen or projector is desirable but not essential.  
Exclusive use of this facility is required for the duration of training.